



# Day of Reflection (for those in the second half of life)



Co-sponsored by the Diocese of Wheeling-Charleston  
Department of Faith Formation & Office of Worship and Sacraments

Join us for a day of meaningful presentations, prayer, reflection, and discussion centering around issues relevant to both men and women.

**Wednesday, September 10, 2025**  
**Saint John XXIII Pastoral Center, Charleston**  
**or**  
**Thursday, September 25, 2025**  
**Saint Joseph Retreat Center, Wheeling**  
  
**9:30 AM to 4:00 PM**

**Spaces are limited - Cost is \$25 per person**

(\* if you cannot afford this fee, please contact 304-233-0880 ext. 268.)

Register at <https://dwc.org/day-of-reflection/> or complete the form below and send it to

**Karen Muenze**

**Diocese of Wheeling-Charleston**

**P.O. Box 230**

**Wheeling, WV 26003**

Please make checks payable to Diocese of Wheeling-Charleston. Payment must be made in advance.

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

I will be attending:

- Wednesday, September 10 St. John XXIII Pastoral Center, Charleston
- Thursday, September 25 Saint Joseph Retreat Center, Wheeling

I am including a Study Day Brochure for the FDLC National Meeting held in Baltimore. Since it isn't that far away, perhaps you would consider attending. The speakers, especially Cardinal Roche, are well-known and respected in the liturgical world.

Bernadette



**Bernadette McMasters Kime, PhD, D. Min.**  
**Director of Worship and Sacraments**  
**Diocese of Wheeling-Charleston**  
**304-230-1558**

THE COMPLETE BROCHURE IS  
 AVAILABLE AT OUR PARISH OFFICE  
 FOR ANYONE INTERESTED.

**THE SCHEDULE AT A GLANCE**

**REGISTRATION  
 BROCHURE**

PLEASE JOIN US FOR THE STUDY DAY AT THE FIFTY-SIXTH  
 NATIONAL MEETING OF DIOCESAN LITURGICAL COMMISSIONS



**The Church at Prayer**  
 ✦ THE LITURGY OF THE HOURS ✧

**STUDY DAY ONLY**  
**WEDNESDAY, OCTOBER 1**  
**8:30 AM TO 6:30 PM**

HILTON INNER HARBOR  
 401 WEST PRATT STREET  
 BALTIMORE, MD 21201

HOSTED BY THE GOOD FOLKS OF REGION FOUR

FDLC FEDERATION OF DIOCESAN LITURGICAL COMMISSIONS  
 AND THE BISHOPS' COMMITTEE ON DIVINE WORSHIP



- WEDNESDAY, OCTOBER 1**
- STUDY DAY**  
*St. Therese of the Child Jesus,  
 Virgin and Doctor of the Church*
- 8:00 Study Day registration opens
  - 8:30 Morning Prayer
  - 9:00 Welcome
  - 9:05 Plenary I (Cardinal Arthur Roche)
  - 10:00 Journaling and Table Discussion
  - 10:30 Coffee break; Exhibits Open
  - 11:00 Q and A with Cardinal Roche
  - 11:30 Luncheon Served
  - 1:00 Plenary II (Abbot Gregory Polan)
  - 2:00 Journaling and Table Discussion
  - 2:30 Break with Exhibits
  - 3:00 Focus Sessions (Sharke, Cinquegrani, Janco)
  - 4:15 Break
  - 5:15 Mass at Basilica
  - 6:30 Free Night in Baltimore

Christ has taught us the necessity of praying at all times without losing heart (Lk 18:1). The Church has been faithful in obeying this instruction; it never ceases to offer prayer, and makes this exhortation its own: "through Him (Jesus) let us offer to God an unceasing sacrifice of praise" (Heb 15:15). The Church satisfies this requirement not only by the celebration of the Eucharist but in other ways also, especially through the Liturgy of the Hours, which is distinguished from other liturgical actions by the fact that it consecrates to God the whole cycle of the day and night, as it has done since early Christian times.

General Instruction of the Liturgy of the Hours, 10